INSPIRING HOMES WITH HEART

CHEFS' SECRETS Favourite recipes, kitchen ideas & gardening tips

AT HOME WITH KAREN WALKER Her well-tailored life

2013

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PUT THE HEART IN YOUR HARDEST WORKING SPACES

tactical magic

plan your project
avoid reno disasters
choose your fittings, fixtures & finishes

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PLUS » BLOGS TO BOOKMARK & PICNIC-PERFECT LUNCH BOXES

BED & BATH NEWS rise & shine

Great new products and handy advice to transform busy rooms into idyllic sanctuaries

EDITED BY CLARE PATIENCE & RACHEL POLIVKA

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← MÍNTY FRESH

A swig and gargle of this alcohol-free spearmint and aniseed formula will keep your breath clean and fresh. And being Aesop's first mouthwash, it's housed in a signature apothecary flask. \$25 from Aesop, aesop.com.



Give your sleep sanctuary an easy style refresh with a slick 'Selje' powdercoated steel bedside table in white or blue. \$39.99 each from Ikea, ikea.com.au.

MY BATHROOM...



SHAREEN JOEL A practical yet beautiful pamper zone is what greets this multi-disciplined designer every day

Q My morning ritual is to... Wash my face with beautiful skincare products from Mecca Cosmetica. Bath or shower, which one do you love and why? I absolutely love taking a shower. It gives me time to wake up and gather my thoughts for the day ahead. What do you most love about your bathroom? The natural light that pours in every morning. Even though our kids have their own separate bathroom, they love to share ours so we get to spend a little time together before they rush off to school. Q What luxuries do you think all bathrooms should have? Natural light, adequate storage and natural materials - either timber or marble. For details on Shareen's work, visit shareenjoel.com and sharedesign.com.



← WRAP STARS

Add a bolt of hue – perhaps hot pink, pea or turquoise – for a refreshing fun touch in your bathroom, courtesy of Linen House. 'Fusion' cotton bath towels, \$39.95 each, linenhouse.com.au.

Boasting an innovative self-cleaning condenser, Bosch's 'HomeProfessional' heat pump dryer is an energy-efficient laundry star. \$2549, bosch-home.com.au.



PUMP HAND WASHES 1. 'Citrus Blossom' hand & body wash, \$24.95, Mozi, mozi.com.au. 2. Scottish

Fine Soaps **'Au Lait'** hand wash, \$17.99, Beauty & Me, beautyandme.com.au. **3. 'Lychee Flower'** hand & body wash, \$29.95, Mor, morcosmetics.com.

Find pamper zone inspiration with the latest bathroom decorating tips at homelife.com.au/bathroom-decorating.

free spirit

Inspired by Varanasi, India's spiritual capital, the 'Banaras'

bedlinen is awash in exotic motifs

and dramatic tones. \$229/queen;

tailored pillowcase, \$49.95 each from Aura by Tracie Ellis,

aurahome.com.au.